

## HUMAN MUSCLES

NAME	ATTACHMENT SITE/ LOCATION	ACTION	EXAMPLE OF MOVEMENT
Frontalis			
Orbicularis oculi			
Orbicularis oris			
Temporalis			
Occipitalis			
Masseter			
Sternocleidomastoid			
Trapezius			
Pectoralis major			
Deltoid			
Trapezius			
Biceps brachii			
Triceps brachii			
Latissimus dorsi			
Infraspinatus			
Teres major			
Serratus anterior			
Pectoralis minor			
External oblique			

Internal oblique			
Transverse abdominis			
Rectus abdominis			
Rectus femoris			
Vastus lateralis			
Vastus medialis			
Gluteus maximus			
Gluteus medius			
Adductor group			
Gracilis			
Sartorius			
Biceps femoris			
Semitendinosis			
Gastrocnemius			
Tibialis anterior			